

Title of Report:	Emotional Health Tier 2 design proposals
Report to be considered by:	The Health and Wellbeing Board
Date of Meeting:	26 th November 2015

Purpose of Report:

1.1 To update the Health and Well-Being Board on the Building Community Together emotional health re-design proposals for children and young people’s emotional health services.

1.2 To inform Health and Well-Being Board members that the West Berkshire Transformation Plan for emotional health services submitted to the Department of Health on Friday 16th October, included explicit commitment to the creation of the Emotional Health Academy in West Berkshire.

Recommended Action: That the Health & Well-Being Board members note the strategic development of the Emotional Health Academy and approve in retrospect, the strategic commitments to improving child and adolescent mental health support in the West Berkshire Transformation Plan.

<i>When decisions of the Health and Wellbeing Board impact on the finances or general operation of the Council, recommendations of the Board must be referred up to the Executive for final determination and decision.</i>		
Will the recommendation require the matter to be referred to the Council’s Executive for final determination?	Yes: <input checked="" type="checkbox"/>	No: <input type="checkbox"/>

Is this item relevant to equality?	Please tick relevant boxes		Yes	No
Does the policy affect service users, employees or the wider community and:				
• Is it likely to affect people with particular protected characteristics differently?	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>
• Is it a major policy, significantly affecting how functions are delivered?	<input type="checkbox"/>		<input type="checkbox"/>	<input checked="" type="checkbox"/>
• Will the policy have a significant impact on how other organisations operate in terms of equality?	<input type="checkbox"/>		<input type="checkbox"/>	<input checked="" type="checkbox"/>
• Does the policy relate to functions that engagement has identified as being important to people with particular protected characteristics?	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>
• Does the policy relate to an area with known inequalities?	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>
Outcome Where one or more ‘Yes’ boxes are ticked, the item is relevant to equality. In this instance please give details of how the item impacts upon the equality streams under the executive report section as outlined.				

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Executive Report

1. Introduction

- 1.1 The Good Childhood Report (Children's Society August 2015) reports that UK children are among the unhappiest worldwide. Emotional health need is one of the most common early indications of additional need; left unsupported, early emotional health difficulties can rapidly develop into a diagnosed mental health condition.
- 1.2 The majority of children and young people contacting specialist Tier 3 CAMHS for support/help in West Berkshire do not receive a service, because they do not meet the threshold for Tier 3 services.
- 1.3 The vast majority of our children subject to Child Protection Plans and those open to the Youth Offending Team have emotional health needs and many have mental health disorders.
- 1.4 Many children are waiting over a year to be seen by a mental health professional and some are waiting over two years; for most children and young people, their condition deteriorates significantly in that time. Currently the longest waits are for the ASD diagnostic pathway which accounts for more than 50% of the current waiting list.
- 1.5 There is now a new national requirement for system wide transformation of emotional and mental health services for children and young people over a 5 year period. A local Transformation Plan must be developed and submitted for each of the Local Authority areas. Once the plan has been assured by the regional team, additional funding will be released to the CCG. These Local Transformation Plans must be signed off by the Health and Wellbeing Board. The local Transformation Plan is found in Appendix A of this document. The plan describes the role of the Emotional Health Academy in delivering sustainable changes to improve the emotional health and wellbeing of children and young people in West Berkshire. An oversight group has been set up across Berkshire West to monitor and facilitate implementation of the Transformation Plan.
- 1.6 In summary West Berkshire partner agencies want to:
 - 1) Create an Emotional Health Academy where:
 - **children will be seen in a week, rather than waiting a year** - take newly qualified psychology graduates and other emotional health qualified staff and train them to work with children and families in the communities in which they live.
 - **We'll work in partnership** – to ensure that these staff work closely with schools, with GP surgeries, with Children's Centres, the Police and crucially with voluntary sector
 - **We'll look at the needs of the whole family, not just the child** - by testing a new way of working with adult services, to see how we can work more

effectively with whole families; where both adults and children are affected by emotional health needs

- **Sustaining good health** – we'll support children and young people to develop sustainable strategies to keep themselves well and promote their long-term well-being; by drawing on their own resources, the resources of their friends and family; by utilizing and creating community led resources.
- **Getting to children early will reduce the pressure on child protection services later**

1.7 Commission specialist voluntary sector providers - to provide more non-stigmatising care in, and to, our communities in close partnership with the Academy.

2. Equalities

2.1 These proposals have been subject to significant consultation with partner agencies and have been directly informed by the views of children and young people. The proposals are explicitly designed to facilitate more proactive access to emotional health services, in the communities in which families who require this help and support live.

3. Conclusion

3.1 Since the last meeting of the Health and Wellbeing Board, we have been required to submit the transformation plan. It was not possible to convene a special meeting of the Board in the time available and therefore an informal meeting was held and the Director of Public Health subsequently submitted this on behalf of the Board on the basis that retrospective approval was obtained from the Board at its next meeting.

3.2 **Recommendation:** The Board is requested to retrospectively approve the Transformational Plan being submitted to the Department of Health.

Appendices

Appendix A – West Berkshire Transformation Plan

Appendix B – West Berkshire Emotional Health re-design proposals

Consultees

Local Stakeholders: Representatives from 50 partner agencies contributed to the co-design of these proposals on a partnership awayday on the 3rd July 2015. This included representation from public health; schools; General Practice; Berkshire Healthcare Foundation Trust; voluntary, community and faith sector partners; Thames Valley Police; Sovereign housing; Safer Communities Partnership; children's and adult's services within West Berkshire Council.

Officers Consulted: Heads of Service, Service Managers and Team Managers from services including Children's Services, Adult Social Care, CMHT, Safer Communities have contributed to this co-design work.

Other:

Children and young people have directly contributed to the design of these proposals, through the Brilliant West Berkshire: Building Community Together participation activity.